

HOLY LOCH SAILING CLUB SCIO

POLARIS REGATTA 12TH/13TH SEPTEMBER 2026

FLEET 2 – SAILING INSTRUCTIONS

TOPPERS, PICOS, OPTIMISTS

1. RULES

Races will be governed by World Sailing Racing Rules of Sailing 2025-2028, (RRS), any supplements issued thereto, the Prescriptions of the R.Y.A. and their relevant Appendices, Class Rules, and these Sailing Instructions. In the event of conflict, these Sailing Instructions will prevail.

2. RACES

The Regatta will be decided over a series of up to six races. One race must be completed for the series to be valid. A maximum of four races will count for points and prizes.

3. STARTING

Races will be started using RRS 26.

PICOS	Class Flag	Numeral Pendant 1	START TIME FIRST RACE SAT/SUN 1200
TOPPERS	Class Flag	Numeral Pendant 2	START TIME FIRST RACE SAT/SUN 1205
OPTIMISTS	Class Flag	Numeral Pendant 3	START TIME FIRST RACE SAT/SUN 1210

A Time Signal will be made 1 minute before the Warning Signal of first Class to start in each race.

4. SCORING

The Low Points Scoring System of RRS Appendix A4 will apply.

5. RACING AREA

This will be in Ardnadam Bay, between the HLSC Clubhouse, and Lazaretto Point.

6. START/FINISH LINES

These will be the same. Between a **LARGE RED BUOY, HLSC**, designated “**Z**”, laid to the **WEST** of Lazaretto Point, and an **ORANGE MAST** on the beach. The Start/Finish Line may only be crossed as designated in the Course Table, otherwise it ranks as an Obstruction.

An Inner Limit Mark, a **WHITE BUOY, HLSC**, may be laid, on or near the Start/Finish Line, close to the beach. This mark must be left on the opposite hand to “**Z**”. Passing between this Inner Limit Mark and the beach, whilst racing, will attract a **DSQ**.

7. COURSES/MARKS

Courses will be chosen from the accompanying course table, and the marks designated “A”, “B”, & “C”, will be **INFLATABLE YELLOW “PENCIL” MARKS**. The number of the course to be sailed will be displayed at the **MAST**, and the course chart will designate the order in which the marks have to be rounded.

8. RACES

Up to 3 races will be held on each day, the time allowed for each race being 1 hour. The number of rounds to be sailed will be determined by the Race Officer. RRS 32.2 will apply. There will be a 15 minute extension given. At the completion of a race, the intention to hold a further race will be signalled by displaying **IC Flag “R”**. At the end of a race, competitors should **NOT** sail out with hailing distance of the beach.

9. PROTESTS

Protests must be notified to the Race Officer and Protest Forms must be lodged at the Clubhouse within one hour of completion of the day’s racing, or such later time as the Race Committee, at their sole discretion, may permit. The Protest hearing will be held in the HLSC Clubhouse as soon as practicable on the day the protest is lodged, or at some other day and time as mutually agreed by the parties to the protest. The Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. Decisions from RYA Arbitration can be referred to a Protest Committee, but cannot be reopened or appealed.

10. NOTICES AND AMENDMENTS

The Official Notice Board will be the HLSC Website, www.hlsc.co.uk Any amendment to the Sailing Instructions or Race Schedule will be posted before 0900 on the day it takes effect.

11. SAFETY AND COMMUNICATION

Each boat shall carry adequate Third Party Insurance. RRS 41 applies. When racing, no voice or data transmissions shall be made or received, except in an emergency.

12. RYA RISK STATEMENT

Rule 4 of the RRS states: “The responsibility for a boat’s decision to participate in a race, or to continue racing, is hers alone”.

Sailing is by its nature an unpredictable sport, and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport, and accept responsibility for the exposure of themselves, their crew, and their boat to such inherent risk, whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat, and their other property, whether afloat or ashore;
- (c) They accept responsibility for any injury, damage, or loss, to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event, and they are fit to participate;
- (e) The provision of a race management team, patrol boats, and other officials and volunteers, by the event organiser, does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

It is a condition of entry that all competitors are acquainted with the foregoing Risk Statement

13. TIDAL PREDICTIONS BST SAT **HIGH/LOW 1422/0707** SUN **HIGH/LOW 1457/0741**

14. RESPONSIBILITY

The Club, its Office Bearers, Committee, Servants, and Voluntary Assistants, accept no liability whatsoever for damage or injury that may be sustained by boats, owners, crews, and guests, taking part in any Club activity, or using jetties, ramps, moorings, piers, parts, premises, or any other facilities, or using or accepting assistance from launches or boats provided by the Club, or otherwise occasioned, whether by negligence of the Club, the said Office Bearers, Committee, Servants, and Voluntary Assistants, or not. Members and their guests use Club facilities and take part in Club activities entirely at their own risk.